



The Bend Eatery

All Day Breakfast & Lunch

LET'S GET CRACKIN'

Served with home fries & toast.

3 Eggs Any Style \$6.45

3 Eggs Classic Breakfast \$8.45
Your choice of bacon, turkey bacon, sausage or ham

6oz Chicken Breast & 3 Eggs \$12.45

3 Eggs & Corned Beef Hash \$11.95

Lumberjack \$13.45
4 eggs, 4pc bacon, 4pc sausage

3 Eggs & Peameal \$10.45

3 - Peat Combo \$10.95
3 eggs, 3pc bacon, 3pc sausage

The Bend Signature Combo \$12.95
3 eggs, 2pc peameal, 2pc sausage, 1pc ham & baked beans

7oz N.Y. Steak & 3 Eggs \$15.95

OMELETTES

Served with home fries & toast.

Western Omelette \$11.45
Ham & onions

Vegetable Omelette \$11.95
Tomato, green peppers, onions & mushrooms

The Bend Omelette \$11.95
Peameal, green peppers, onions & Swiss cheese

Greek Omelette \$11.95
Tomato, onions, green peppers & feta cheese

Spinach & Feta Omelette ... \$11.95

Canadian Omelette \$11.95
Bacon, mushrooms & cheddar cheese

Florentine Omelette \$11.95
Spinach, tomato & Swiss cheese

Mushroom & Swiss Omelette \$11.45

Meat Lovers Omelette \$12.45
Bacon, sausage, ham, peameal & cheddar cheese

Mexican Omelette \$11.95
Hot banana peppers, tomato & cheddar cheese

BUILD YOUR OWN OMELETTE! \$8.95
EACH INGREDIENT \$0.75; BACON, HAM, SAUSAGE, PEAMEAL, TOMATO, ONION, GREEN PEPPER, RED PEPPER, HOT PEPPER, SPINACH, MUSHROOM, CHEESE

SKILLETS

A blend of our fresh ingredients & home fries smothered with cheddar cheese & topped with 3 eggs any style. Served with toast.

Meat Lovers Skillet \$13.45
Bacon, sausage, peameal & cheddar cheese

Steak Skillet \$16.95
7oz N.Y. steak, mushrooms, green peppers, red peppers, onions & cheddar cheese

Corned Beef Hash Skillet ... \$12.95
Corned beef hash, onions & green peppers

Chicken Skillet \$15.45
6oz chicken breast, mushrooms, green peppers, red peppers, onions & cheddar cheese

Veggie Skillet \$11.95
Peppers, mushrooms, onions, tomato & cheddar cheese

WE SERVE FRESHLY SQUEEZED JUICES & MADE TO ORDER MILKSHAKES!

LET'S GET FLIPPIN'

Pancake Combo \$12.25

3 eggs, 3 bacon, 3 sausage, home
fries & 2 fluffy pancakes

Fluffy Pancakes \$8.45

Chocolate Chip Pancakes \$9.95

Peanut Butter Pancakes \$9.95

The Bend Pancakes \$11.95

3 fluffy pancakes, topped with fresh
strawberries, preserves & whipped
cream

Fresh Fruit Pancakes \$12.95

3 fluffy pancakes, topped with fresh
fruit salad & whipped cream

**Chocolate Chip & Peanut
Butter Pancakes** \$9.95

**Apple or Blueberry
Pancakes** \$9.95

Banana Pancakes \$9.95

**Banana & Peanut Butter
Pancakes** \$9.95

FRENCH TOAST

French Toast Combo \$12.25

3 eggs, 3pc bacon, 3 pc sausage,
home fries & 2pc french toast

The Bend French Toast \$11.95

3 pieces of cinnamon french toast,
fresh strawberries, preserves &
whipped cream

Cinnamon French Toast \$8.45

Fresh Fruit French Toast . . . \$12.95

3 pieces of cinnamon french toast,
topped with fruit salad & whipped
cream

WAFFLES

Waffle Combo \$12.25

3 eggs, 3 bacon, 3 sausage, home
fries & 1 large Belgian waffle

Belgian Waffle \$8.45

Blueberry Waffle \$10.25

Chocolate Chip Waffle \$10.25

The Bend Waffle \$11.95

Belgian waffle, topped with fresh
strawberries, preserves & whipped
cream

Peanut Butter Chip Waffle . . \$10.25

Fresh Fruit Waffle \$12.95

Belgian waffle, topped with fresh
fruit salad & whipped cream

Alaskan Waffle \$12.75

Belgian waffle, topped with vanilla
ice cream, fresh strawberries,
preserves & whipped cream

Banana Split Waffle \$13.75

Belgian waffle, topped with vanilla
ice cream, fresh strawberries,
preserves, whipped cream & banana

SUBSTITUTE HOME FRIES WITH FRESH FRUIT \$2.25

GLUTEN-FREE BREAD \$1.95

BREAKFAST SANDWICHES

Served with home fries.

- Super Western Sandwich \$7.95
4 eggs, ham & onions
- Fried Egg Sandwich \$7.45
- Bacon & Egg Sandwich \$7.95

- Peameal & Egg Sandwich \$8.95
- Ham & Egg Sandwich \$7.95
- Sausage & Egg Sandwich \$7.95

EGGS BENEDICT

3 poached eggs on an English muffin, topped with our rich and creamy hollandaise sauce. Served with home fries.

- Classic Benny \$12.45
Peameal bacon
- Irish Benny \$14.45
Corned beef hash, caramelized onions & Swiss cheese
- Smoked Salmon Benny \$12.45

- The Bend Benny \$11.95
Caramelized onions, mushrooms & Swiss cheese
- Florentine Benny \$12.95
Baby spinach, tomato & Swiss cheese
- Ham Benny \$11.95

ON THE LIGHTER SIDE

- Rise & Shine \$9.25
2 eggs any style, fresh fruit salad & toast
- Yogurt & Fruit \$8.25
- Yogurt & Berries \$7.75

- Yogurt & Granola \$5.75
- Smoked Salmon Bagel \$9.25
Smoked salmon, cream cheese spread, sweet onions & capers
- Fruit Salad Sm \$6.25 Lg \$8.25

BREAKFAST SIDES

- Toast \$2.25
- Gluten Free Toast \$3.25
- French Toast \$2.95
- Single Pancake \$2.95
- Bagel with Cream Cheese \$4.25
- Home Fries \$2.95

- Peameal Bacon \$5.25
- Bacon, Sausage or Ham \$4.75
- Baked Beans \$2.75
- Tomatoes \$2.45
- Eggs . . 1- \$1.25 2- \$2.25 3- \$3.25
- Hollandaise Sauce \$2.75

A GOOD DAY STARTS WITH A GREAT BREAKFAST!

**AT THE BEND EATERY WE STRIVE TO SERVE THE HIGHEST
QUALITY FOOD AT AFFORDABLE PRICES.**

SANDWICHES

Peameal Bacon on a Bun . . . \$11.95
Peameal, lettuce, tomato & mayo

N.Y. Steak Sandwich \$16.45
7oz N.Y. steak topped with sautéed onions & mushrooms

B.L.T. Sandwich \$8.95
Bacon, lettuce, tomato & mayo

Corned Beef on Rye \$11.45

Roast Beef Dip Sandwich . . . \$12.95
Shaved roast beef served on a toasted hoagie bun & Au Jus

Monte Cristo \$10.95
2pc of bread dipped in egg batter, sliced ham & Swiss cheese grilled to perfection

Grilled Cheese \$7.95
+ Add bacon or ham \$1.95

Reuben Sandwich \$11.95
Corned beef, sauerkraut & Swiss cheese on rye bread

Chicken on a Bun \$13.45
Grilled chicken, lettuce, tomato & mayo

Buffalo Crispy Sandwich \$12.95
Breaded chicken tossed in Buffalo sauce topped with lettuce, tomato & mayo

Philly Cheese Steak or Chicken \$14.45
Sautéed onions, peppers, topped with mozzarella cheese

CLUB SANDWICHES

Turkey Club \$14.45
Turkey, lettuce, tomato, bacon & mayo

California Club \$14.45
Ham, lettuce, tomato, cheddar cheese & mayo

B.L.T. Club \$13.75
Bacon, lettuce, tomato & mayo

The Bend Chicken Club \$14.45
Chicken, lettuce, tomato, bacon & mayo

WRAPS

B.L.T.C Wrap \$12.95
Bacon, lettuce, tomato, cheddar cheese & creamy ranch dressing

Grecian Wrap \$13.95
Grilled chicken, lettuce, tomato, onions, feta cheese & Greek dressing

Veggie Wrap \$10.95
Grilled peppers, mushrooms, onions, tomato, lettuce, Swiss cheese & balsamic dressing

Gyro Pita \$11.45
Served with french fries

Grilled Chicken Wrap \$13.95
Grilled chicken, lettuce, tomato, bacon, cheddar cheese & creamy ranch dressing

Chicken Caesar Wrap \$13.95
Grilled chicken, lettuce, crisp bacon pieces, croutons & grated parmesan

Philly Steak Wrap \$14.45
Sautéed onions, green peppers, red peppers, mozzarella cheese & chipotle mayo

Chicken Souvlaki Pita \$13.95
Served with french fries

ALL SANDWICHES & WRAPS ARE SERVED WITH COLESLAW & FRENCH FRIES.
UPGRADE YOUR SIDE TO ONION RINGS OR HOUSE SALAD FOR \$1.95
POUTINE, SWEET POTATO FRIES, CAESAR OR GREEK SALAD FOR \$2.25

BURGERS

Our 1/2 pound Roadhouse burgers are topped with lettuce, tomato, onions & pickles. Served with coleslaw & french fries. Upgrade to onion rings or house salad for \$1.95

Classic Hamburger \$11.25

Banquet Burger \$12.45
Bacon, & choice of cheddar or Swiss cheese

Bacon Burger \$11.95

Cheeseburger \$11.95
Your choice of cheddar or Swiss cheese

UPGRADE YOUR SIDE TO CAESAR
OR GREEK SALAD FOR \$2.25

Cowboy Burger \$12.45
2 crispy onion rings, sautéed mushrooms, Swiss cheese & chipotle mayo

Poutine Burger \$12.45
Think poutine... but on a burger!

Canadian Burger \$12.45
Peameal bacon, choice of cheddar or Swiss cheese

Mushroom & Swiss Burger \$12.45

FAVOURITES

Served with french fries and coleslaw.

Fried Chicken \$11.95 \$14.95
2pc or 4pc chicken dark meat

Chicken Fingers \$15.95

Chicken Wings \$11.95
1LB - honey garlic, BBQ, mild, medium, Frank's hot, suicide hot

Fish & Chips \$14.95
8oz Haddock lightly battered

SALADS

The Bend Sm \$7.75 Lg \$9.75
Spring Salad
Fresh baby spinach, red onions, craisins, sliced strawberries topped with crumbled feta cheese & poppy seed dressing

Greek Salad Sm \$7.75 Lg \$9.75
Fresh mixed greens, cucumber, tomato, red onions, black olives, feta cheese & Greek dressing

House Salad ... Sm \$6.45 Lg \$8.45
Fresh mixed greens, topped with tomatoes, cucumber, bell peppers, red onions & your choice of dressing

Caesar Salad ... Sm \$7.75 Lg \$9.75
Crisp romaine lettuce tossed with our creamy Caesar dressing, crisp bacon pieces & croutons

ADD GRILLED CHICKEN \$4.95 OR STEAK FOR \$6.95

BEVERAGES

Coffee or Tea \$2.25

Specialty Tea \$2.55
Earl Grey, English Breakfast, Green Tea, Orange & Spice, Mint Medley, Chamomile

Bottled Juice \$2.55
Cranberry, orange or apple

Freshly Squeezed Juice \$3.95
Orange, lemonade

Tomato Juice \$2.75

Bottled Water \$1.75

Bottled Pop \$2.95
Coke, Diet Coke, Coke Zero, Sprite, Gingerale, Orange Fanta, A&W Root beer, Nestle Iced Tea,

Perrier \$2.95

Club Soda \$1.75

Hot Chocolate \$3.25

Milkshakes \$4.75
Chocolate, vanilla, strawberry, or banana topped with whipped cream

Milk \$2.75
White 2%, chocolate



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TAKE OUT AVAILABLE 519-238-5611